

# Is your food safe to eat?



I imagine that you have gone shopping in July. You buy a chicken meal like the one shown in the picture. When you get it home, you put it into the cupboard in your kitchen. A few weeks later, in August, you cook it and eat it. But it tastes terrible – you think the food might have gone bad.

Can you think of some reasons why the food might have gone bad?

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Where should you have stored the chicken meal? Why? .....

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By when should you have eaten the meal? .....

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If you notice the torn packet in the shop, what should you do? .....

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If you had stored and cooked the meal properly, but it still went bad, what do you think you should do with it?

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